



Charing CE Primary School Weekly Newsletter



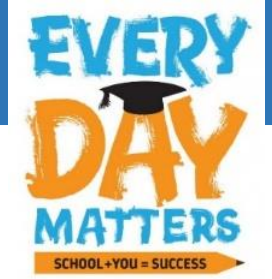
Friday 21st June 2024

Telephone: 01233 712277

Email: office@charing.kent.sch.uk

Website: www.charingschool.org.uk

Facebook: <https://www.facebook.com/CharingPrimary/>



Attendance

 Rabbits	 Squirrels	 Otters	 Woodpeckers	 Badgers	 Owls
89%	94%	90%	92%	84%	86%
Whole School – 89%		Year to date – 93%		Target – 96%	

Dear Parents and Carers,

It has been another busy week at school this week, and the summer has finally decided to join us too!

We have welcomed many visitors this week, hosting the Aquila Writing moderations, our school improvement partner and meeting some of our new parents for Rabbits in September. It is a delight to show visitors around the school, as the children are engaged with their learning and the school environment looks and feels positive and purposeful. Next week we have our new rabbits coming for their first transition session which is always an exciting afternoon.

Next Wednesday, our academy trust, Aquila, will be celebrating their 10th birthday with a service in Maidstone. Some of our pupils have been busy learning and rehearsing the songs to be part of the academy choir for this event. I know that they will represent the school impeccably and sing well. Thanks to Mrs Horsford for organising our school contribution.

The last weeks of the school year are always busy, so please ensure you keep an eye on MCAS and the newsletter for key dates for your child.

Finally, the forecast for next week has some warm and sunny days to please ensure that your child has a named sunhat and water bottle in school and has applied sunscreen.

Mrs Hammond

Compassion

Friendship

Forgiveness

Resilience

Hope

This Week in Worship

In our Worship this week we have continued our focus on the Disciples and Early Christians who carried on Jesus' teaching after he had ascended to his Father, guided by the Holy Spirit.

Enemy or Friend? Acts 9:1-18 Although people listened to what Jesus' followers were saying and joined them, it was not safe to be a Christian as they had enemies who searched them out to punish them. They were imprisoned and sometimes killed. One of the people who hunted for Christians was called Saul. He really hated those who believed in Jesus but, all that changed when he was on the way to Damascus and he was blinded by a tremendous light and heard the voice of Jesus asking him why he was intent on hurting God's people. Jesus told him to repent and put right all the bad things he had done. Paul was blinded for three days; he then realised all his wrong doings and knew he had to follow Jesus and work with the disciples. I wonder why Paul was not afraid that someone would arrest and punish him.

One of the ways in which Paul spread the Gospel was by writing letters to new churches which started to grow around the Mediterranean to help them to stay strong and faithful to Jesus. YOU ARE THE BODY OF CHRIST I Corinthians 12:15-27 we looked at some of the advice which St Paul gave to the first followers of Jesus in the early churches in the letters which he wrote to them and which are part of the New Testament. We looked at what St Paul had written to the community of Christians at Corinth. Paul wrote his letters to the early churches when he could not be with them, and he knew there was a problem. He wanted to make sure that they understood how they should be living out the good news of Jesus. He wrote: Now you are the body of Christ and each one of you is a part of it (I Corin 12:27) I wonder why someone would write this in a letter. I wonder what might have happened which meant that people needed to be encouraged to act together like different parts of the same body. WE CAN BE ONE BODY I Corinthians 12:15-21 The Church: One Body with many parts; this relates to the Church but we compared it to the way in which all our gifts and talents are needed within our school community. We wondered what happens when somebody cannot come into school, what difference that makes, we realised that we all miss any person who is not in school, as their unique contribution is missing.



Dear Father God,

*Help me to speak and act in ways
that build up the whole body of our school today.
Thank you for all those around me
who will support me as I try to do this for you.*

Amen.



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INTERNET SAFETY

This week's poster about is **WHAT PARENT AND EDUCATORS NEED TO KNOW ABOUT PROMOTING PHYSICAL WELL-BEING** at the end of the newsletter. Please continue to monitor your child's online behaviour and access. If you need help with a specific app we have not highlighted yet, please talk to Mrs Hammond.



ATTENDANCE



If your child is poorly and unable to come to school, please ensure that you inform the office via telephone or leave a message on our answer phone. Can we please request that all attendance related emails are sent to the following:

Ms. Nimrah Rehman
attendance@charing.kent.sch.uk

DROP OFF

Can we please remind parents that school gates shut at **8:55am**. If you arrive late, please drop off your child/ children at the school office.

For safeguarding reasons we do not allow parents/carers to drop off their children to their classes.



PAYMENTS FOR KINGSWOOD RESIDENTIAL 2025- YEAR 4



If you haven't yet paid for your child's space for Kingwood Residential for next year, please log onto the MCAS app under Products to pay your **£50 deposit** to secure your child's place on the Kingswood 2025 residential.

[If you have any difficulty, please do not hesitate to contact the office.](#)

PAYMENTS FOR SWIMMING LESSONS- YEAR 6



Please continue to pay for your child's swimming lessons if you are paying by instalments. [If you have any difficulty, please do not hesitate to contact the office.](#)

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REMINDER

MEDICATION SAFETY

We understand that at times children are unwell and need to stay at home to recover, however please remember that we can administer *prescribed medication*, so if your child is feeling better but needs medicine, this can be brought to the office and managed as necessary. The office would be able to assist in this.



HEALTHY LUNCHES



We promote healthy eating at Charing CE Primary School and would appreciate parents adhering to the healthy eating guidelines as below:

Sweets: Please do not pack sweets or chocolate bars.

Drinks: children under 5 receive free milk with their snacks and water is available for everyone whenever they want to drink. Please do not send in fizzy drinks with your child's packed lunch.

Nut Free: Please be reminded that we are a nut-free school. We have children in school who have potential life-threatening nut- allergies which can be triggered by direct or indirect contact with nuts in the environment. To keep our children safe, we request that parents please find a nut-free alternative. This also includes NUTELLA or any CHOCOLATE spread.

Thank you for your co-operation.



SCHOOL DINNERS –

Dinner Money cost £2.43

Please be reminded school meals are to be paid for in advance. Our caterers will not allow a debt to build and as of next term, any unpaid accounts will result in your child not receiving a meal and you will need to provide a packed lunch.

WRAPAROUND CARE: Both Breakfast and Afterschool club bookings are placed under this tab and payments need to be made when you book your session for your child. *This is done to avoid any payments not made.*

PARENT CONSENT: Please select the options given to update your child's consent.

If payments have been made otherwise and in advance before booking the sessions, please call or email the office to book your child's space. ***Please be reminded to clear out any outstanding balances under individual accounts of your children.***

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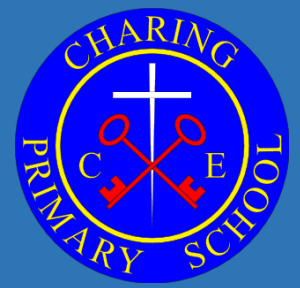
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Dates for your Diary



Date	Event
TERM 5	
24 th June	Rabbits Folkestone Beach Trip Otters and Squirrels Chatham Dockyards trip 
1 st July	Squirrels library class visit 10:15am – 10:45am
2 nd July	Woodpeckers Library class visit 2:30pm – 3:00pm
3 rd July	Ducklings Library class visit 2:30pm- 3:00pm
4 th July	Otters Library class visit 2:30pm – 3:00pm
8 th July	Owls trip to Port Lympne 
9 th July	Rabbits Library class visit 2:30pm – 3:00pm Owls Library class visit 1.45pm -2.15pm
10 th July	Owls trip to Hollywood bowl 
11 th July	11th July Badgers Library class visit 2:30pm – 3:00pm
16th July	Owls production performance to parents 1:45pm
17th July	Owls leavers service in the church – parents invited – 2:00pm Owls production performance to parents – 5:00pm
18th July	Owls leavers picnic – parents of Owls class invited to attend 12:00pm – 1:00pm

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If you haven't already done so, please click on the link below to choose your child's meal choice for the Wimbledon Menu taking place on the 11th of July.

https://forms.office.com/Pages/ResponsePage.aspx?id=G-qhY5Bt70u_SHYtsvnOEuV-jNDSEVVJh5F6fR64DuRUM1ITREdUMEFJQIAwOEITNDFQUUs0TEo0NC4u



WIMBLEDON MENU

Thursday 11th July 2024

CHICKEN WRAP WITH POTATO WEDGES
OR VEGGIE WRAP WITH POTATO WEDGES

RAINBOW SLAW
PEAS & SWEETCORN

KENT STRAWBERRIES & SHORTBREAD

ALSO AVAILABLE: JACKET POTATO WITH FILLINGS, SALAD BAR,
BREAD, YOGHURT & FRUIT

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feeding the imagination

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**ARTISAN TRADERS
BAR & STREET FOOD
CHILDRENS FUNFAIR RIDES**



**10 am -
3:30pm**

SUMMER MARKET & FAIR

**FREE
ENTRY**

SAT 22 JUNE

**EGERTON MILLENIUM HALL
& RECREATION GROUND**

TN27 9DS



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10 Top Tips for Parents and Educators

PROMOTING PHYSICAL WELLBEING

Physical activity isn't only beneficial for our bodies; it also plays a role in promoting mental wellbeing. With both the Euros and the Olympics this summer, it's an opportunity to engage young people in regular exercise which can reduce stress, improve mood and boost self-esteem. Despite these benefits, many children face barriers to participating in physical activity.

1 MAKE IT FUN



Incorporate activities that children enjoy, such as playing games or dancing. Encourage participation in team sports or group activities to foster social connections and a sense of belonging.

2 MIX MOVEMENT WITH LEARNING



Educational settings can incorporate movement breaks and physical activities to enhance focus, concentration and cognitive function. Embedding exercise into the curriculum can also reinforce learning and stimulate creativity. 'Revision walks' with podcasts and flashcards can benefit older learners.

3 CREATE OPPORTUNITIES



Provide clear chances for physical activity throughout the day, both indoors and outdoors. Schools can encourage active play during breaks and at lunchtimes, while limiting screen time at home can help keep children up and about.

4 PROVIDE POSITIVE REINFORCEMENT



Praise and encourage children for their efforts and achievements in physical activity. Recognise their progress and celebrate their successes to reinforce positive behaviours. Educators could do this in several ways, such as applauding their efforts at assemblies or celebrating their accomplishments in newsletters.

5 VARIETY IS KEY



Introduce a selection of physical activities to keep children engaged and prevent boredom. From swimming and cycling to yoga and martial arts, trying different types of exercise can help children to discover what they enjoy most.

6 ENJOYMENT OVER COMPETITION



Encourage children to focus on the enjoyment of physical activity rather than winning or achieving perfection. Emphasise effort, improvement and having fun rather than outcomes, to minimise the amount of stress that children can sometimes associate with sports and other competitions.

7 SET REALISTIC GOALS



Help children set achievable physical activity targets based on their interests, abilities and preferences. Celebrate their progress and successes to maintain motivation and enthusiasm.

8 MAKE IT ACCESSIBLE



Ensure that children have access to safe, suitable spaces for exercise at home, at school and in the community. Advocate for inclusive environments which accommodate diverse needs and abilities. Be a change maker in your community if facilities aren't already available.

9 LEAD BY EXAMPLE



Parents and carers can be positive role models by prioritising their own exercise and involving children in their fitness routines. Gentle walks, bike rides or sports activities can be wonderful opportunities for bonding and staying active together.

10 ENCOURAGE PERSISTENCE



Help children develop resilience and perseverance by encouraging them to overcome challenges and setbacks in physical activity. Teach them the importance of perseverance and the value of effort in achieving their goals.

Meet Our Expert

Adam Gillett is a learning and development specialist who, as well as working for Minds Ahead, is associate vice principal for personal development at a large secondary school in Barnsley. He was asked to be part of an expert research group for the Department for Education, one of only three school leaders to be asked to do so.



#WakeUpWednesday

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