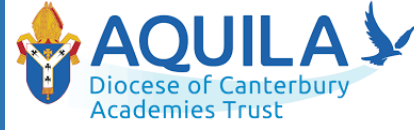




Charing CE Primary School Weekly Newsletter



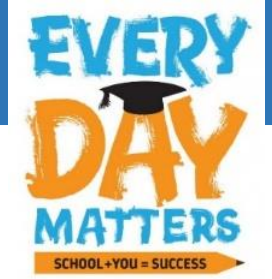
Friday 6th September 2024

Telephone: 01233 712277








Email: office@charing.kent.sch.uk

Website: www.charingschool.org.uk

Facebook: <https://www.facebook.com/CharingPrimary/>



Attendance

Rabbits	 Squirrels	Otters	 Woodpeckers	Foxes	 Badgers	Owls
						
from next week	97%	85%	97%	91%	87%	83%
Whole School – 91.3%		Year to date – 91%			Target – 96%	

Dear Parents and Carers,

Welcome to the new academic year; it has been a great first week back. Everyone has come back refreshed and raring to go and has settled in so well to their new classes. All this is lovely to see and it makes me so excited and hopeful for the new academic year. I am convinced we have a really strong team with strength in every year to ensure all the children flourish and achieve their potential.

When I came into school on Tuesday, I walked around to check everything for the new start of the academic year. I came to the conclusions that the school site has never looked better in the six years I have been at the school than it does now; I want to thank Mr Cooke, Mr Norris and the rest of the staff team who have worked through the summer to make the site so vibrant and accessible. Owls have settled into their new classroom, which was actually made over the summer! It's fantastic that we now have 8 classes and our school continues to grow. Again, this gives the children the best opportunity to flourish.

The summer holidays, has definitely given all staff and children an opportunity to rest and I hope everyone had a fantastic summer. I certainly enjoyed my break but I was deeply saddened at the beginning of August to learn from the news that for a few nights there was such disorder, unrest and hatred on our streets. I was playing cricket on a day when it was rumoured the unrest was coming to Kent; a player approached me and asked to leave the game early as he and his wife were very worried he would not be able to get home safely. In general I am very proud of my country but what happened during those days was shameful. We all have a responsibility to challenge such behaviour. As a school, we celebrate our diverse school community and teach children mutual respect and understanding towards everyone from all ethnicities, backgrounds and religions. We do not tolerate any form of racism or prejudice at this school. We will continue to teach tolerance and educate and celebrate our diverse and wonderful school family this year and every year; once again we expect to receive your full support

Compassion Friendship Forgiveness Resilience Hope

One huge highlight of the summer was the summer school which ran on our grounds for two weeks. I came in for one session and it was clear that the children absolutely loved it. I would like to thank all the staff who came in and led activities for the children and helped them have a wonderful time. I would, once again, like to thank our generous donator who made this happen.

To conclude I would like to warmly welcome all the children who are new to school this week and their families. I am sure you will be made to feel welcome by all stakeholders. I really want to emphasise how excited I am about the year ahead and feel it will be the best school year ever! I wish you all a wonderful weekend and look forward to seeing everyone on Monday.

Kind regards,

Thomas Bird
Head Teacher

This week in Worship

Our Worship Theme for the start of a new school year has been 'New Beginnings'. We shared our thoughts on the different feelings we experienced at the thought of coming back to school after such a long break. Most of us felt a mixture of nervousness, apprehension wondering what would be the same and what would be different; overall though, there was a feeling of excitement at starting this brand new school year. We thought about the changes; new classrooms, new teachers, new challenges to overcome, new lessons to learn and new friends to make.

Our Bible passage was from Isaiah 43: 15-19. This helps us to remember God is with each one of us we are all important in God's eyes; he knows our fears and our happiness.

Do not be afraid, I have called you by your name and you are mine.

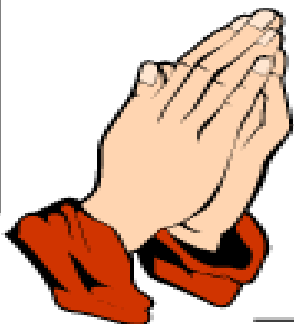
Just as a mother could not forget her new-born child so I could never forget you.

I have marked your name on the palms of my hand.

We then thought about this passage from Isaiah, in which we are urged to forget the mistakes of the past and concentrate on the New Beginnings.

'Forget the former things; do not dwell on the past. See, I am doing a new thing!'

We discussed how we can become more thoughtful towards our friends and to those who are not yet our friends, by thinking carefully, not rushing in, before we do or say any actions or words which may hurt others. We remembered our school values: Compassion, Forgiveness, Hope, Friendship and Resilience, which help us to be caring, considerate friends. We will be looking at these in more detail next week. We need to care for each other especially those who are new to our school.



Compassion

Friendship

Forgiveness

Resilience

Hope



Dear Father God

*Thank you that you are always here to
welcome us.*

*Please make our school a place of
welcome.*

*When we see anyone feeling left
out and lonely, help us to make them
feel part of our friends.*

Amen.



Compassion

Friendship

Forgiveness

Resilience

Hope

COLLECTIVE CELEBRATION

Olivia S

Millie St

Lefa

Havanna

Ava

Billie-Rae

Jaxson C

Trixie

Grayson

Gracie

Lia

Millie G

Lennie

Samuel

Parker



Compassion

Friendship

Forgiveness

Resilience

Hope

IMPORTANT ANNOUNCEMENT

INTERNET SAFETY

This week's poster about is [10 TIPS FOR PARENTS AND EDUCATORS FOR SUPPORTING CHILDREN GOING BACK TO SCHOOL](#) at the end of the newsletter. Please continue to monitor your child's online behaviour and access. If you need help with a specific app we have not highlighted yet, please talk to Mrs Hammond.



ATTENDANCE



If your child is poorly and unable to come to school, please ensure that you inform the office via telephone or leave a message on our answer phone. Can we please request that all attendance related emails are sent to the following:

Ms. Nimrah Rehman
attendance@charing.kent.sch.uk

DROP OFF

Can we please remind parents that school gates shut at **8:55am**. If you arrive late, please drop off your child/ children at the school office.

For safeguarding reasons we do not allow parents/carers to drop off their children to their classes.

MAIN ENTRY

**ALL VISITORS
MUST REPORT
TO THE
SCHOOL OFFICE**

Compassion

Friendship

Forgiveness

Resilience

Hope

REMINDER

MEDICATION SAFETY

We understand that at times children are unwell and need to stay at home to recover, however please remember that we can administer *prescribed medication*(IF REQUIRED), so if your child is feeling better but needs medicine, this can be brought to the office and managed as necessary. The office would be able to assist in



HEALTHY LUNCHES



We promote healthy eating at Charing CE Primary School and would appreciate parents adhering to the healthy eating guidelines as below:

Sweets: Please do not pack sweets or chocolate bars.

Drinks: children under 5 receive free milk with their snacks and water is available for everyone whenever they want to drink. Please do not send in fizzy drinks with your child's packed lunch.

Nut Free: Please be reminded that we are a nut-free school. We have children in school who have potential life-threatening nut- allergies which can be triggered by direct or indirect contact with nuts in the environment. To keep our children safe, we request that parents please find a nut-free alternative. This also includes NUTELLA or any CHOCOLATE spread.

Thank you for your co-operation.



SCHOOL DINNERS –

Dinner Money cost £2.43

Please be reminded school meals are to be paid for in advance. Our caterers will not allow a debt to build and as of next term, any unpaid accounts will result in your child not receiving a meal and you will need to provide a packed lunch.

WRAPAROUND CARE: Both Breakfast and Afterschool club bookings are placed under this tab and payments need to be made when you book your session for your child. *This is done to avoid any payments not made.*

PARENT CONSENT: Please select the options given to update your child's consent.

If payments have been made otherwise and in advance before booking the sessions, please call or email the office to book your child's space. ***Please be reminded to clear out any outstanding balances under individual accounts of your children.***

Compassion

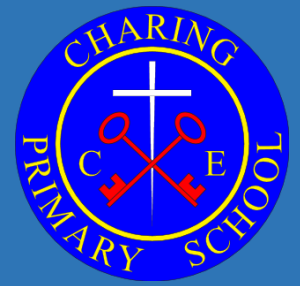
Friendship

Forgiveness

Resilience

Hope

Dates for your Diary



Date	Event
TERM 1	
3 rd Oct	Individual Photographs
7 th Oct	Staff Inset Day (<i>NO Students in School</i>)
20 th Nov	Parents Evening 3:30pm to 7:30pm



Fully DBS Checked | Taught in schools since 2005
Enquire at bandskills@hotmail.com or visit www.bandskills.com

Compassion Friendship Forgiveness Resilience Hope

PRESENTING
**HEADCORN
ART SHOW**

Headcorn Village Hall
Church Lane, Headcorn. TN27 9NR
7th & 8th September 2024

Saturday 7th 10am - 6pm
Sunday 8th 10am - 4pm

TICKETS AVAILABLE FROM OUR WEBSITE OR ON THE DOOR
www.utrevents.co.uk



Charlotte Coe, one of our talented parents, will be exhibiting there.



Café Church
Friday 6th
September
5.30 to 6.15

Church Barn, Charing

Them and us!
God's love includes everyone
without favouritism

**Fun, friends, fellowship
and a BBQ!**

Compassion

Friendship

Forgiveness

Resilience

Hope

10 Top Tips for Parents and Educators SUPPORTING CHILDREN GOING BACK TO SCHOOL

Change can be hard for children to manage. Going back to school after a long summer break might cause them to feel uncertain about their friendships, school routines and relationships with new teachers. However, trusted adults play an important role in providing both practical and emotional support.

1 LEARN WHAT EQUIPMENT YOU NEED

Figure out a list of all equipment needed for the start of the school year, so you can comfortably get your hands on the necessary items in time. If children have any financial issues and receive free school meals, the school may be able to provide some monetary aid or offer other support.



2 COMMUNICATE WITH THE SCHOOL

If you notice that a child is feeling anxious about a change of teacher or school, arranging a one-to-one meeting with their new teacher can be a good way to alleviate some of the anxiety. Just knowing that they understand the child's worries and will be able to help them if the need arises can build the foundations of a good working relationship. Knowing that you can contact them with any queries can also be reassuring.



3 CHECK THE SCHOOL WEBSITE

There will be plenty of information about the start of term on the school's website to keep you updated. Furthermore, you should be able to find other useful information such as contact details for staff, important school equipment, clubs, and news about any special events on the school calendar for the year. It could be helpful to look through this with children for anything which might reassure them.



4 HELP TO MANAGE FRIENDSHIPS

If a child is feeling anxious about making new friends – especially if they're moving up to secondary school – it can be a good idea to remind them of what they could do or say when meeting new classmates. Investigating the extracurricular activities available could be a good way to open a conversation about their hobbies and pastimes, and joining such clubs could allow new friendships to be built on this mutual interest.



5 PLAN SELF-CARE

Talking to children about how they can manage their self-care can be an effective way of helping them understand its importance. This might involve playing a computer game they love with friends, a weekly visit to the library, getting to bed at the same time each night, or a range of other activities that support their wellbeing and provide the familiarity and safety of a routine that works for them.



6 MANAGE TRICKY FEELINGS

Explain that it's okay to have difficult feelings around returning to school. This can help reduce any shame or embarrassment a child might be feeling over these emotions. Emphasise that other children – even some of the teachers – will be feeling the same way. Consider practical ways to manage these feelings and help children feel more in control of their emotions. Some examples include fidget toys, breathing exercises or a notepad for doodling.



7 SECURE A SCHOOL UNIFORM

Parents and carers should try to buy a child's uniform for the new academic year well in advance of the new term (although allowing for potential holiday growth spurts) and give them time to adapt to any changes. Make sure they can comfortably change into and out of it for PE lessons. Double check the requirements for PE on the school's website, as some schools will also have requirements for PE kits.



8 PREPARE FOR TRANSITION DAYS

Ensuring that children attend transition days is a vital step in preparing for the new year. Some schools also have transition evenings for parents and carers to attend, offering extra opportunities to reach out for any additional support.



9 READ THE MENTAL HEALTH POLICY

If a young person struggles with their mental health, it's important to understand their school's mental health policy and provision to know what support is available. This should be on the school's website. A range of aid is typically on offer – from individual timetable amendments to group sessions on emotional wellbeing. You can then discuss these options with the child to reassure them that help is there if they need it.



10 LEARN ABOUT SEN SUPPORT

If a child has SEN and receives help in school, try to confirm exactly what support is available, to ensure they'll be having their needs met. If they're moving up to secondary school, it's a good idea to meet with the SENCO to ensure that all teachers receive the most relevant, up-to-date information about the child's needs and have a contact to liaise with if these change over time.



Meet Our Expert

Amy Sayer is a freelance mental health trainer for schools, an author and a content writer. She is an Associate for Diverse Educators, a fellow of the Chartered College of Teaching and ITT wellbeing coach. Amy has previously been a SMHL coach, helping many different settings audit their mental health provision and support them to create and implement a strategic plan based on the specific needs of each setting.



#WakeUpWednesday®

The National College®

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/supporting-children-going-back-to-school>