

'...those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.' *Isaiah 40:31*



connect | nurture | aspire | learn | excel | hope



Charing Church of England Primary School Physical Education Policy

Document Information	Date/source of Policy	Responsibility
Date of review	September 2025	PE Lead / SLT
Date of new review	September 2027	PE Lead / SLT

Our inclusive school is a place of creative learning where all talents are developed, celebrated and enjoyed. We nurture all to be curious, passionate and resilient lifelong learners. As a community, we listen to, forgive and love one another so all can be confident in who they are. Inspired by Jesus we walk beside each individual in our family by understanding and responding to their unique needs. We have hope in all our children that they grow to be open, compassionate people of the world who stand up for what is right.

Compassion Friendship Forgiveness Resilience Hope



Aims of our Physical Education (PE) curriculum

At Charing CE Primary School we recognise the importance PE plays in the curriculum and are committed to providing all children with opportunities to engage fully in Physical Education. The aim of our PE programme is to develop children's physical literacy, build confidence in their ability and build the foundations for a lifelong love of sport, physical activity and a healthy lifestyle.

PE lessons encourage children to compete against themselves and others whilst being challenged to improve their physical, social, emotional and thinking skills. These skills are embedded in the heart of our planning. Our objectives in the teaching of PE align with the National Curriculum in that we aim to ensure all pupils:

- Develop competence to excel in a broad range of physical activities
- Are physically active for sustained periods of time
- Engage in competitive sports and activities
- Lead healthy, active lives
- Recognise the importance of leading a healthy and active lifestyle

Teaching, learning and assessment

Our PE lessons are planned using the GetSet4PE platform, which align with our core values, our whole child approach to PE and the objectives laid out in the National Curriculum. GetSet4PE is planned so that progression is built into the scheme which ensures our children are increasingly challenged as they move up through the school.

The curriculum planning in PE is carried out in three phases (long-term, medium-term and short-term). The long-term plan maps out the PE activities covered in each term during the key stage. The PE subject leader works this out in conjunction with teaching colleagues and pupils in each year group. Together we create a broad and balanced curriculum that is exciting for our children to learn through. Our medium-term plans give details of each unit of work for each term. These schemes of work provide an overview of the unit, links to other areas of the National Curriculum and assessment criteria for that unit. The short-term lesson plans provide opportunities for children of all abilities to develop their skills, knowledge and understanding in each activity area.

PE lessons occur twice weekly for all classes in KS1 and KS2. Children in EYFS develop their fundamental movement skills in their learning as part of the EYFS curriculum. Our PE offer is complimented by an array of extra-curricular activities and links with the wider community. Our teachers assess the children's knowledge and skills in PE, both by making informal judgements, as they observe them during lessons, and through assessing against the specific objectives set out in the National Curriculum and recorded using an assessment tracker. We have clear expectations of what the pupils will know, understand and be able to do at the end of each Key Stage. Teachers are supported with resources to know how to prepare children for their next phase of education. These resources include our progression of skills document and knowledge organisers.

Monitoring and Reviewing

The planning and coordination of the teaching of PE is the responsibility of the subject leader, who:

- Supports colleagues in their teaching, providing a strategic lead and direction;
- Evaluates the strengths and areas for development in the subject through staff and pupil voice questionnaires;
- Reviews evidence of the children progress and observes PE lessons.

The quality of teaching and learning in PE is monitored and evaluated by the subject leader and is overseen by the curriculum leader.

Health and Safety

We recognise that participation in Physical Education lessons, School Sport and Physical Activities (PESSPA) contain an element of risk. Staff are responsible for ensuring that they are familiar with safe practice to reduce the element of risk to the absolute minimum within their control. Staff are aware of pupils who have special needs with regards to physical activity and make special provision for needs where appropriate e.g., physical disability, asthma. Staff know about the safe practices involved in moving and using apparatus.

Our school requires children to wear a PE kit that is appropriate for physical activity during PE lessons. **Our PE Kit includes: a royal blue Charing t-shirt, blue or black shorts/jogging bottoms and trainers or plimsoles (dependent on activity).** Pupils are required to wear plimsoles for Gymnastics and Dance in Terms 2 and 3. Pupils may also be asked to remove shoes when participating in indoor activities such as multi-skills, gymnastics, dance and yoga. Pupils are required to remove jewellery and tie back long hair. If the removal of jewellery or studs is not possible, then the child's participation in the PE lesson will be limited.

The correct use of equipment is taught along with any potential hazards, including completing a risk assessment for each area/space that PE and school sport takes place in. As part of our risk assessments, teachers ensure that:

- Equipment and apparatus are stored safely at the end of each lesson.
- Pupils are taught to consider their own safety and that of others at all times.
- Staff are appropriately dressed to teach PE.

We undertake an annual Risk Assessment of the school premises and areas where PE is taught and equipment including PE equipment as necessary and Risk Assessments are in place for all of our PESSPA trips.