# **Charing CE Primary School Weekly Newsletter** Friday 25th October 2024



Telephone: 01233 712277

Email: office@charing.kent.sch.uk Website: www.charingschool.org.uk

Facebook: https://www.facebook.com/CharingPrimary/





Rabbits	Squirrels	Otters	Woodpeckers	Foxes	Badgers	Owls
91%	93%	91%	90%	86%	83%	89%
Whole School – 88%		Year to date – 92%			Target – 96%	

Dear Parents and Carers,

Welcome to the end of term. I don't think we have had a term that is 8 weeks long since the 6 term school year was established and we certainly have some tired staff and children who are ready for their week's holiday. I hope everyone is able to use it well and recharge their batteries for the Christmas term which is many people's favourite. It's certainly a time when so many exciting things happen. Despite the term's length and the fact that tiredness has crept in, it has still been a great term. The children have maintained their behaviour levels and continued to work hard all the way through to ensure a great finish to the term. A big well done to them all and I have seen many successes and highlights throughout the term.

Our school vision and values are clearly underpinning everything we do and this is great. We are proud of our inclusiveness and it's brilliant to see children of different backgrounds, ethnicity and needs interacting with each other, supporting each other and regularly demonstrating our values of friendship and compassion to each other. Your support in establishing this and maintaining it is greatly and warmly appreciated.

This is the final newsletter of October and October is Black History Month. This week classes have taken time out from their regular lessons to look into significant people through history and in today's world who have had a big impact in our country. This year's theme emphasises "reclaiming narratives", and shines a brighter light on our stories, allegories and history to showcase the full complexity of black heritage and help us understand how peoples from the widest range of backgrounds have contributed to the best of our modern world. As stated previously, we continue to teach tolerance and educate and celebrate our diverse and wonderful school family this year and every year; as always, we expect and need your full support with this.

Compassion

Friendship Forgiveness

Resilience

This academic year is the first time, in a very long time, that this school has had 7 (primary aged) classes and it helps our teaching and learning a great deal. To ensure our school continues to be single formed, we need our numbers to continue to grow. If you know of parents who are looking for a primary school place, please tell them to contact the office and book a tour. Next month, we have three open days for children who will be Reception aged in September 2025. The tour dates are Tuesday 5th November (9.30-10.30am), Wednesday 13th November (1.30-2.30pm) and Wednesday 27th November (5-6pm). If you have a child who will be of reception age next September please contact the office to book a tour or, as stated, if you know someone please give them our dates and details. Thank you for your support.

Our parents evening is Tuesday 19th November and booking slots are now open, please book quickly before the slots are all filled. If you cannot make that date, please speak to your child's class teacher to arrange an alternative date and time.

Last Friday, Sports Frenzy held their final football tournament of the year at our school for years 5 and 6 children. Despite this being the first time, the team had played together, they did well and grew in confidence each game. We finished third overall and most importantly the children had a great afternoon. Well done to all 6 that took part and represented our school so well.

School returns after the holiday on Monday 4th November and clubs will begin on the first week back except Chess, Choir, Lego and Hockey. The organisers of those clubs are involved in staff training.

The clocks go back on Sunday, so that means it gets dark sooner, so please make sure your children do not have to walk home or wait and play around in the dark. As we move towards winter the weather will be getting colder and wetter so please ensure your children have wellies and coats in school. Thank you.

Our attendance has been hit quite badly this term by Chicken Pox. Hopefully by term 2, we will be over the worse of it and we can see our attendance improve rapidly. Please send your child to school every day unless they are very unwell. Remember my motto: if they are not well enough for school, they are not well enough for phones, computers, devices and trips out!

I wish all of you a wonderful week off and look forward to seeing everyone on Monday 4th November. I also look forward to learning about the different charities that have been nominated from the holiday homework that I set.

Take care everyone, have a great time and stay safe.

Mr Bird **Head Teacher** 



Monday 4th November

NO Chess club **NO Choir club** 

Tuesday 5<sup>h</sup> November

NO Lego club **NO Hockey Club** 

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# **Meet Our Mental Health First Aiders**







Mrs. Hebbes (Mon- Fri)

Mrs. Alexander (Thru- Fri)

Hello we are Mrs Hebbes and Mrs Alexander, your mental health first aiders. Mrs Hebbes is here Monday to Friday and works within Ducklings preschool. Mrs Alexander works Thursday and Friday as a teaching assistant in Badgers.

We are here to support the children, staff and families of Charing School. If you would ever like to speak to us, feel we can offer support to yourself or someone in your family, please come and find us on the playground or let the office know and we can arrange a time.

# **SEND SURGERY DROP-IN**

Do you have a question about your child's needs or a concern about a Special Education Need?

Pop in to talk to Mrs Hammond at the

SEN surgery drop-in.

No appointment needed.



<b>Upcoming Dates</b>	U	pco	omi	ng	Da	ites
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Wednesday 23rd October 9:15-10:45

Friday 8th November 1:30 - 3:30

Tuesday 19th November During Parents Evening

Friday 29th November 9:30 - 11:00

Christmas SEN Coffee Morning - pop along to enjoy a festive treat

Wednesday 18th December 9:15 - 10:45

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# This week in Worship

The focus of this week's Worship has been: Giving the right message even when people donot want to listen'. The people of faith and the people that made a difference that we have looked at so far this term have been people who have had to be prepared to stand up for what they believe. That is not too difficult if people stand with you and beside you but is not so easy when you find yourself standing alone and speaking alone. In the Old Testament, the prophets were the people whom God sent to give his message. Very often they found that people did not want to listen or laughed at them or even attacked them.

We looked at the prophet Jonah from the book of Jonah. Sometimes the prophet that God calls know that the job of giving the message from God would be unpopular and so tried to run away and avoid the job. Jonah had been asked by God to go and talk to the people of Ninevah who had been behaving badly and were not doing as God told them to. Jonah was a prophet and that his message that people should stop doing things that were wrong in God's sight is at the heart of the story. I wonder if you have ever seen anything that you know was wrong and spoken up. I wonder if that was easy. I wonder if it is sometimes easier to pretend you did not see it and go the other way as Jonah did. That is a very natural way to feel but it can help someone in a difficult situation to have courage and speak out for them.

I wonder if you have ever carried on doing something even when everyone else decided to do something else. I wonder if you have ever done what is easiest because it causes less trouble than disagreeing with the crowd.

The next character we were thinking about was Daniel, someone who broke the rules when everyone else was obeying them, because he believed that was the way that God wanted him to behave: He was doing the right thing even when it was putting him at risk. Daniel Chapter 6 in the Old Testament of the Bible, is where we found this story.

The prophet Daniel showed the way to obey God in the most terrifying of circumstances and he changed the mind of a powerful ruler. He was employed by the King and was set up against him. Daniel would not do what he thought was wrong and continued to worship God. His punishment was to be thrown to the lions. He survived this ordeal, protected by his God and was set free.

I wonder if there are any situations in the world today where people are standing up for justice by opposing those in power. I wonder how brave you need to be in such situations.

Forgiveness







Dear Father God

Please give me strength when I am weak, love when I feel forsaken, courage when I am afraid, wisdom when I feel foolish, comfort when I am alone, hope when I feel rejected, and peace when I am in turmoil.

Amen.





Leah

Charlotte

Isaac S

**Teddy M** 

Parker

Delilah B

**Bonnie S** 

Frankie J

**Elsie** 

**Zyanyah** 

**Jesse** 



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# **INTERNET SAFETY**

This week's poster about is <u>10 TOP TIPS FOR PARENTS AND EDICATORS</u> <u>SUPPORTING YOUNG PEOPLE TO BUILD EMOTIONAL RESILIENCE</u> at the end of the newsletter. Please continue to monitor your child's online behaviour and access. If you need help with a specific app we have not highlighted yet, please talk to Mrs



# **ATTENDANCE**



If your child is poorly and unable to come to school, please ensure that you inform the office via telephone or leave a message on our answer phone. Can we please request that all attendance related emails are sent to the following:

Ms. Nimrah Rehman attendance@charing.kent.sch.uk

# **DROP OFF**

Can we please remind parents that school gates shut at **8:55am**. If you arrive late, please drop off your child/ children at the school office.

For safeguarding reasons we do not allow parents/carers to drop off their children to their classes.

# MAIN ENTRY ALL VISITORS

MUST REPORT
TO THE
SCHOOL OFFICE



We would politely ask all parents/carers to park sensibly when dropping and while picking children off at school.

Please be considerate that the school setting is within a neighbourhood area so please be mindful of village residents.



Parents Evening is NOW LIVE!

Please log onto the MCAS app and book a time slot for your child/ children for Parents Evening which will be taking place on the 19<sup>th</sup> of November 2024.

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# REMINDER

# **MEDICATION SAFETY**

We understand that at times children are unwell and need to stay at home to recover, however please remember that we can administer *prescribed medication* (IF REQUIRED), so if your child is feeling better but needs medicine, this can be brought to the office and managed as necessary. The office would be able to assist in



# **HEALTHY LUNCHES**



We promote healthy eating at Charing CE Primary School and would appreciate parents adhering to the healthy eating guidelines as below:

**Sweets:** Please do not pack sweets or chocolate bars.

Drinks: children under 5 receive free milk with their snacks and water is available for everyone whenever they want to drink. Please do not send in fizzy drinks with your child's packed lunch.

Nut Free: Please be reminded that we are a nut-free school. We have children in school who have potential life-threatening nut- allergies which can be triggered by direct or indirect contact with nuts in the environment. To keep our children safe, we request that parents please find a nut-free alternative. This also includes <u>NUTELLA</u> or any <u>CHOCOLATE</u> spread. Thank you for your co-operation.



# **SCHOOL DINNERS –**

## **Dinner Money cost £2.43**

Please be reminded school meals are to be paid for in advance. Our caterers will not allow a debt to build and as of next term, any unpaid accounts will result in your child not receiving a meal and you will need to provide a packed lunch.

WRAPAROUND CARE: Both Breakfast and Afterschool club bookings are placed under this tab and payments need to be made when you book your session for your child. This is done to avoid any payments not made.

**PARENT CONSENT:** Please select the options given to update your child's consent.

If payments have been made otherwise and in advance before booking the sessions, please call or email the office to book your child's space. Please be reminded to clear out any outstanding balances under individual accounts of your children.

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# **Dates for your Diary**



Date	Event					
TERM 1						
5 <sup>th</sup> Nov	YR 2025 school tours <i>(morning)</i> 9:30am to 10:30am	DAY				
6 <sup>th</sup> Nov	National Child Measurement Programme (NCHM)- YR and Y6 ONLY 9am – 1pm					
11 <sup>th</sup> Nov	Flu Immunizations YR to Y6 – (please re wish your child to receive the flu immunwww.kentcht.nhs.uk/imms					
13 <sup>th</sup> Nov	YR 2025 school tours (afternoon) 1:30pm to 2:30pm	DAY				
15 <sup>th</sup> Nov	Children in Need Day					
19 <sup>th</sup> Nov	Parents Evening 3:30pm to 7:30pm	ATTENTION!				
27 <sup>th</sup> Nov	YR 2025 school tours <i>(evening)</i> 5pm to 6pm	DAY				
13th Dec	Pantomime trip for: Woodpeckers, Foxes, Badgers and Owls	3				
	Visit from Santa for (morning) Duckling, Rabbits, Squirrels and Otters					
16th Dec	Pantomime performance for: Duckling, Rabbits, Squirrels and Otters					
17th Dec	Whole School Christmas Dinner(lunchtin	me)				
18th Dec	Christmas Service in the church 9:15am					
19th Dec	Christmas Fayre 1:30pm					
20th Dec	Whole School Healthy Living Day					

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If your child is starting school in September 2025, please come along to our Open Day!

Discover the benefits of sending your child to a growing, vibrant Church of England School.

Before and After School Care on-site

Come and meet our staff and find out more about our amazing school and outstanding Early Years environment. We'd love to show you around!



Telephone: 01233 712277 Email: office@charing.kent.sch.uk

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Academies Trust



# Free half term activity

Suitable for ages 7-13

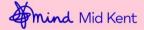
Come along to a fun and interactive workshop. 'Brilliant Bats'

Learn bat facts, make your own wooden decoration, complete a fun fact trail and make your own mini bat piñata!

# Wednesday 30th October 10am to 11.30am Singleton Environment Centre

Please note, parents/carers are required to stay on site. Places need to be booked in advance:
01622 692383 or midkentmind.org.uk/youth-services





Registered charity number: 1167328



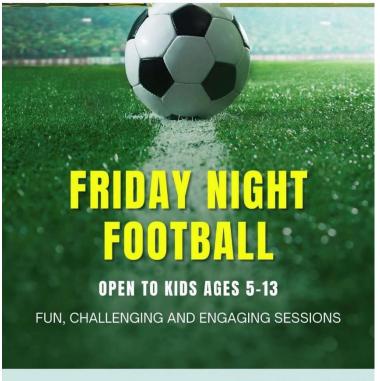




Did you know Ashford Designer Outlet now offer sensory backpacks for anyone who might find the environment a bit overwhelming.

They're available to borrow from the guest experience team, free of charge, with just a refundable deposit. It's great to see more places taking steps to make their spaces more accessible for everyone. Great work Ashford Designer Outlet











#### WEDNESDAY 30TH - MUSHROOMS AND MICE

Discover some of nature's autumnal activities at Godinton, including an outdoor scavenger hunt.

#### THURSDAY 31ST - PUMPKIN PARTY

Join artist Becky Vincer for a spooktacular pumpkinthemed Halloween crafting party.

## TICKET PRICE: £3 PER CHILD

For more information and to purchase tickets please visit www.godintonhouse.co.uk

The Godinton House Preservation Trust - Charity No. 1002278

GODINTON HOUSE, GODINTON LANE, ASHFORD, KENT TN23 3BP













Kent Libraries

Book today via the Kent Adult Education website or at Ashford Gateway

# Half-term Autumn Craft

# Free Activity!

# Tuesday 29 October 1.30pm - 3pm Ashford Library

A magical seasonal craft session where families can work together to make a variety of seasonal craft items, including ornaments, decorations, and cards.

Suitable for children aged 3 - 11 years old. Children must be accompanied by a responsible adult.

Booking essential. This is a Kent Adult Education, Family Courses activity. For further information and bookings, please scan the QR code above, email <a href="mailto:ashfordlibrary@kent.gov.uk">ashfordlibrary@kent.gov.uk</a> or telephone Adult Education on 03000 41 22 22

Alternatively speak to a member of staff at Ashford Library.











# we are accepting new NHS patients



CALL: 01233 624913



# Monday 28th October 2024

# **Talking Walk In**

Bockhanger Family Hub Belmont Road Kennington Ashford TN24 9LS

#### 9.30am - 11.00am

If your **pre-school** child is struggling with talking, drop in and see a member of the Speech and Language team for advice. Numbers are limited



Please arrive 15 minutes before the end of the session to be seen by a member of the Health Visiting Team



# **Tuesday 29th October 2024**





# Wednesday 30th October 2024

## Talking Walk In

Tenterden Family Hub Recreation Ground Road Tenterden TN30 6RA

#### 1.00pm - 2.30pm

If your **pre-school** child is struggling with talking, drop in and see a member of the Speech and Language team for advice. Numbers are limited





#### **Adult Education Elmer Workshop**

The Willow Family Hub Halstow Way Ashford Kent **TN23 4EY** 

### 10.00am - 12.00pm

Come and make Elmer the Elephant out of Milk Cartons For ages 3 - 11 year olds

To Book please call: 03000 418800



#### Stay and Play

Tenterden Family Hub Recreation Ground Road Tenterden Kent TN30 6RA

#### 10.00am - 11.30am

Enjoy Free play activities to support your child's development. A small area is available for babies only For ages 0 - 4 Years





# Thursday 31st October 2024

#### **Baby Play**

Waterside Family Hub Turner Close Willesborough Ashford Kent TN24 0PQ

#### 10.00am - 11.30am

For pre-walkers, supporting your baby to make independent choices and respond to new experiences and a chance to make new friends.



#### **Spooky Walk Warren Woods**

Meet in the Carpark for Warren Woods TN25 4DT

For Ages 11-19

3.00pm - 5.00pm To Book please call: 03000 417567





# 10 Top Tips for Parents and Educators

With increasing societal pressures, many children struggle with managing emotions, facing challenges and processing failure in a healthy way. This is why building emotional resilience in young people is vital for their mental health and personal success. This guide provides practical strategies for parents and educators to help children develop resilience and foster confidence, adaptability and a positive mindset.

# **ENCOURAGE OPEN** COMMUNICATION

Regularly engaging children in open dialogue fosters trust and emotional expression.
Encourage them to share their thoughts and feelings freely without judgment. Set aside time daily, perhaps during dinner, to ask open-ended questions such as, "What's made you happy today?". This encourages children to express themselves openly.

# **MODEL POSITIVE BEHAVIOUR**

Children often learn how to manage emotions by observing adults. By modelling calm and positive responses to challenges, you can teach them valuable emotional management skills. If you've had a difficult day, verbalise how you're feeling and explain how you plan to handle it, such as "I'm a bit worked-up, so I'm going for a walk to clear my mind."

# TEACH PROBLEM SOLVING SKILLS

Helping children break down challenges into manageable steps encourages a proactive mindset. Explain that every problem has a solution, even if it's not immediately obvious. For example, if a child is stuck on homework, support them in breaking the task into smaller steps, saying things like "Let's focus on just this first question for now."

### **FOSTER A GROWTH** MINDSET

Encourage young people to view mistakes as learning opportunities. A growth mindset helps them see setbacks as part of the process, rather than something to be upset about. After a child loses a game or performs poorly on a test, for example, ask them what they've learned from the experience. This reinforces the idea that effort – and even failure a leads to

# PROMOTE SELF-CARE

Teaching children about self-care helps them understand the importance of balancing work with relaxation to maintain emotional wellbeing. Parents and carers could start a screen-free hour before bedtime where the family engages in relaxing activities like reading, setting an example to the child for how to unwind.

# **BUILD HEALTHY** RELATIONSHIPS

Strong relationships with peers and adults provide a support system that enhances resilience. Encourage positive, respectful interactions to develop social skills. Playdates or group activities can be instrumental in teaching children how to resolve conflicts with friends by modelling and practicing calm communication.

# SUPPORT EMOTIONAL **AWARENESS**

Helping children to identify and name their emotions allows them to manage those feelings more effectively. When a child's upset, encourage them to talk to you about what they're feeling in an empathetic and supportive manner, and ask them why they might be experiencing these emotions.

# ENCOURAGE INDEPENDENCE

Giving children opportunities to make their own decisions boosts confidence and problem-solving skills. A good example of this would be letting children choose and pack their own lunches for school, guiding them with options but allowing them to assume responsibility for the task to help them take

# **DEVELOP COPING STRATEGIES**

Teaching children techniques like mindfulness, deep breathing or journaling can help them to manage stress. Show them how to perform breathing exercises when they're feeling anxious, and practise this regularly. Reinforcing this behaviour in young people will make it easier for them to use these techniques of their

# **CELEBRATE SMALL**

Recognising effort, no matter how small, reinforces perseverance and encourages children to keep trying. After a child completes a difficult task, makes progress on a project or reaches another type of personal goal, praise their efforts. Emphasise the hard work they've put in and be sure to let them know how proud

# Meet Our Expert

Adam Gillett is Associate Vice Principal for Personal Development at Penistone Grammar School and works on secondment one day a wee for Minds Ahead, which works with schools on improving their mental





The **National** College

**%** @wake\_up\_weds



/wuw.thenationalcollege



(O) @wake.up.wednesday



@wake.up.weds