150 YEARS - 18	73 - 2023 E	Weel Friday Teleph Email: offic	CE Primar kly Newsl 31 <sup>st</sup> Janua one: 01233 712 ce@charing.ker ww.charingscho	etter ary 2025 2277 ht.sch.uk		UILA of Canterbury es Trust
Rabbits	Facebo	ook: https://ww	vw.facebook.co	M/CharingPrim	ary/	ATTERS DOL-YOU = SUCCESS
Raddits	Squirrels	Otters	Woodpeckers	Foxes	Badgers	OWIS
93%	98%	96%	88%	92%	92%	93%
Whole School –		Year to date –			Target –	
93%		92%			96%	

Dear Parents and Carers,

Our inclusive school is a place of creative learning where all talents are developed, celebrated and enjoyed. We nurture all to be curious, passionate and resilient lifelong learners. As a community, we listen to, forgive and love one another so all can be confident in who they are. Inspired by Jesus, we walk beside each individual in our family by understanding and responding to their unique needs. We have hope in all our children that they grow to be open, compassionate people of the world who stand up for what is right.

Our school vision is central to all that we do as a school and this week, staff took time to reflect on what the vision means to us as a school community and how we live it throughout our lives at school.

Our discussions covered many areas, but three themes stood out - how we strive to make Charing Church of England Primary School a safe and open place for all, how every child, staff member and parent matters and how our curriculum continues to develop to include all and ensure that our children grow into confident, resilient citizens with a passion for learning and helping others. We talk about this vision in school with the children and our values and certificates are embedded within this.

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We are looking forward to meeting staff from Kent, Surrey and Sussex Air Ambulance, our school charity, on Tuesday next week. They will be talking to the classes about what they do and the support that is needed. We will also be having a non-uniform day and we will all be wearing red clothes for the day - there will be collections on the gate for donations to the charity.

We are also looking forward to welcoming Aquila and the Head teachers of the Aquila schools next week. It is always a joy and a time of pride when we are able to share our school with others.

Finally, as the weather is still unpredictable, please can you ensure that your child's clothing and belongings are named and that children continue to bring a waterproof coat into school.

Hoping for a drier and brighter weekend,

Mrs Hammond



No Clubs running on Monday 3rd of February

**NO Board games NO Choir club NO Mindfulness Club** 

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### This week in Worship

In our Worship this week we continued to look at Jesus' life and teaching in the gospels which encapsulates the Good News. I wonder what Jesus taught about embracing difference and helping everyone to belong? Luke 10: 25-37 I wonder who your neighbour is. We explored the story of the Good Samaritan and wondered why some people simply ignored the man lying injured? I wonder if we ever ignore situations that need our help and understanding.

During the time of Jesus, people believed Samaritans were people to be avoided. They were seen as different and not as important and so people tried to stay away from them. They didn't belong. That is why it is so surprising that it is not the priest or the Levite that stops to help the injured man, but a Samaritan! The first two men – the ones who did belong - could have helped, but they let their prejudice get in the way of doing the right thing.

After listening to the story, we know that it is a Samaritan who takes care of the injured man, someone considered to be different, and someone who didn't belong. I wonder if it matters if the person who needs help is different to you. The story of the Good Samaritan shows us that when someone needs help they are sharing that part of being human that is the same for all of us. We all need help now and again. Our Neighbour is anyone who needs our help.

We also looked at being soft hearted and being the opposite of this, hard hearted. Neither the priest or the Levite stops to help the injured man, they were hard hearted, they could have helped. It is a Samaritan who takes care of the injured man, who is soft hearted, (someone they thought was different, and who didn't belong). He showed Compassion to his neighbour.

We reflected on these words of Mother Teresa: If we have no peace, it is because we have forgotten that we belong to each other.



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Being soft-hearted does not make you a weak person. It takes courage to stay delicate in a world that is sometimes cruel.

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Resilience



Dear Father God

Thank you for the story of the Good Samaritan, Thank you that eventually a man with a soft heart came along and helped. Please give us soft hearts so we may show Compassion to those around us, Help us to show your light of love where ever we go.

Amen.



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# COLLECTIVE CELEBRATION WORSHIP

### Lilly -Rose

### Pheobe

Hodger		<b>Delilah</b> P		
	Freya			<b>Jesse</b> B
			Liam	
Isaac S		Henry		

Isobel Jack W

**Lehumo** Thomas P

> Elliot Parker

Savanna

Ruth

Harry W

**Azanivah** 



### **Meet Our Mental Health First Aiders**



Mrs. Hebbes (Mon-Fri)

(Thru- Fri)

Hello we are Mrs Hebbes and Mrs Alexander, your mental health first aiders. Mrs Hebbes is here Monday to Friday and works within Ducklings preschool. Mrs Alexander works Thursday and Friday as a teaching assistant in Badgers.

We are here to support the children, staff and families of Charing School. If you would ever like to speak to us, feel we can offer support to yourself or someone in your family, please come and find us on the playground or let the office know and we can arrange a time.

### SEND SURGERY DROP-IN

Do you have a question about your child's needs or a concern about a Special Education Need? Pop in to talk to Mrs Hammond at the SEN surgery drop-in.					
No appointment needed. Upcoming Dates Friday 17th January 1:30-3:00					
Tuesday	28th January	9:00-10:30			
Wednesday	12th February	1:30-3:00			
Friday	28th February	1:30-3:00			
Wednesday 12th March		9:00-10:30			
Easter Coffee Afternoon	Wednesday 2nd April	2:00-3:00			

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# IMPORTANT ANNOUNCEMENT

### **INTERNET SAFETY**

INTERNET SAFETY This week's poster about is TOP TIPS FOR PARENTS AND EDUCATORS FOR SUPPORTING **CHILDREN TO DEVELOP EMOTIONAL LITERACY.** Please continue to monitor your child's online behaviour and access. If you need help with a specific app we have not highlighted yet, please talk to Mrs Hammond.

### ATTENDANCE



If your child is poorly and unable to come to school, please ensure that you inform the office via telephone or leave a message on our answer phone. Can we please request that all attendance related emails are sent to the following:

Ms. Nimrah Rehman attendance@charing.kent.sch.uk

### **DROP OFF**

Can we please remind parents that school gates shut at 8:55am. If you arrive late, please drop off your child/ children at the school office.

For safeguarding reasons we do not allow parents/carers to drop off their children to their classes.





We would politely ask all parents/carers to park sensibly when dropping and while picking children off at school.

Please be considerate that the school setting is within a neighbourhood area so please be mindful of village residents and DO NOT park on business and private properties.

### MAIN ENTRY

FOR Families

ALL VISITORS MUST REPORT TO THE SCHOOL OFFICE

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At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

## 10 Top Tips for Parents and Educators SUPPORTING CHILDREN TO DEVELOP EMOTIONAL LITERACY

Emotional literacy refers to the ability to recognise, understand and express our feelings effectively. It plays a crucial role in strengthening a child's wellbeing by enhancing their relationships and resilience. However, emotional literacy is not necessarily an innate talent, and its development may present challenges. This guide gives parents and educators practical tips on supporting children to cultivate this essential skill.

### 1 NAME THE EMOTION

Encourage children to identify and name their emotions. This helps them understand what they're feeling and why. Use simple language and relatable examples to make it easier for them to share their emotions. This builds a foundation for emotional understanding and open communication.

### 2 MODEL EMOTIONAL EXPRESSION

Demonstrate healthy emotional expression by sharing your feelings visibly. When children see adults properly displaying how they're doing and what they're thinking, they learn to do the same. Discuss how you handle emotions in different circumstances, providing a real-life framework for young ones to follow.

### 3 MINDFULNESS ACTIVITIES

Teach children mindfulness practices to help them stay present and manage their emotions during more challenging moments. Activities like deep breathing, meditation or yoga can reduce stress and enhance emotional regulation. Regular practice can improve focus and emotional stability, which can significantly help children both as they're growing up and throughout their adult life.

### 🐠 USE STORYTELLING 🌈

Incorporate storytelling to help children understand emotions. Stories can offer relevant scenarios illustrating how the characters experience and manage their feelings. Discuss the emotions depicted in stories and ask children how they might feel in similar situations.

### 5 PRACTISE EMPATHY 🕷

Teach children to consider others' views and emotions – and to explore why they might think or feel this way. Role-playing and discussing various scenarios can enhance their ability to empathise. Understanding others' emotions helps children to develop compassion and improves their social interactions.

### **Meet Our Expert**

Adam Gillett is Associate Vice-Principal for Personal Development at Penistone Grammar School and works on secondment one day a week for Minds Ahead, an organisation that supports schools in improving their mental health provision.



Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 29.01.2025

### 6 ENCOURAGE JOURNALING

Suggest keeping a journal to make note of thoughts and emotions, as writing can provide an outlet for self-reflection and emotional processing. Encourage children to write about their daily experiences and feelings, helping them gain insight into their emotional world. Do this alongside them, so they can see and experience how to do it effectively.

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### TEACH PROBLEM-SOLVING

Do what you can to help children develop problem-solving skills to assist in managing emotional challenges. Discuss potential solutions to emotional conflicts and encourage them to think critically about what they (and others) can do to process their feelings in a healthy way. This empowers children to handle emotions positively and build resilience.

### 8 CREATE A SAFE SPACE

Establish an environment where children feel safe to display their emotions without judgement. Encourage open exchanges and reassure them that all feelings are valid. This supportive atmosphere promotes trust and encourages children to express themselves with confidence.

### 🤊 USE VISUAL AIDS 💡

Take advantage of visual aids like emotion charts or mood meters to help children identify and express their feelings. Use these tools regularly in your interactions. They provide a visual representation of emotions, making it easier for children to communicate their emotional state.

### 0 CELEBRATE EMOTIONAL GROWTH

Acknowledge and celebrate progress in emotional literacy, and praise children for expressing their emotions and handling them effectively. Positive reinforcement is a useful tool that will encourage continued growth and reinforces the importance of emotional literacy – encouraging young people to maintain the good habits and healthy behaviours that you've taught them.





🗙 @wake\_up\_weds 🛛 🗗 /wuw.thenationalcollege

🕜 @wake.up.wednesday

@wake.up.weds

# REMINDER

### **MEDICATION SAFETY**

We understand that at times children are unwell and need to stay at home to recover, however please remember that we can administer *prescribed medication (IF REQUIRED),* so if your child is feeling better but needs medicine, this can be brought to the office and managed as necessary. The office would be able to assist in



### **HEALTHY LUNCHES**



We promote healthy eating at <u>Charing CE Primary School</u> and would appreciate parents adhering to the healthy eating guidelines as below:

Sweets: Please do not pack sweets or chocolate bars.

**Drinks:** children under 5 receive free milk with their snacks and water is available for everyone whenever they want to drink. Please do not send in fizzy drinks with your child's packed lunch.

**Nut Free:** Please be reminded that we are a nut-free school. We have children in school who have potential life-threatening nut- allergies which can be triggered by direct or indirect contact with nuts in the environment. To keep our children safe, we request that parents please find a nut-free alternative. This also includes <u>NUTELLA</u> or any <u>CHOCOLATE</u> spread.

Thank you for your co-operation.



### SCHOOL DINNERS -

### Dinner Money cost £2.43

Please be reminded school meals are to be paid for in advance. Our caterers will not allow a debt to build and as of next term, any unpaid accounts will result in your child not receiving a meal and you will need to provide a packed lunch.

**WRAPAROUND CARE:** Both Breakfast and Afterschool club bookings are placed under this tab and payments need to be made when you book your session for your child. <u>This is done to avoid any payments not made.</u>

**PARENT CONSENT:** Please select the options given to update your child's consent.

If payments have been made otherwise and in advance before booking the sessions, please call or email the office to book your child's space. *Please be reminded to clear out any outstanding balances under individual accounts of your children.* 

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# **Dates for your Diary**



Date	Event			
TERM 3				
4 <sup>th</sup> Feb	4 <sup>th</sup> Feb Wear Red Day			
TERM 4				
5 <sup>th</sup> March	5 <sup>th</sup> March Dance Workshop *   The PTFA are kindly funding part of this payment. Please see MCAS (the school app) for the small contribution needed to attend the workshop. This is listed under Products.			
6 <sup>th</sup> March	World Book Day- details to follow			



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Last year the dance workshops were a great success! On Wednesday 5<sup>th</sup> March all children will participate in a dance workshop based on a familiar book. Details of this and payment have been sent out already. Please check MCAS for payment details.

NATIONAL

READING

Superpower

HOOSE

12/20

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We will ALSO be entering an art-based competition to design a national book token.

# DON'T FORGET THAT MARCH 6<sup>TH</sup> IS

ORL

### The theme this year is.....Read your way!

This year it is up to the children how they dress. Come in your PJs, your favourite jumper, a fancy dress costume, bring a teddy or just change your hair for the day.....anything goes! Just please make sure all clothing is suitable for playtimes and PE! Whatever makes them feel comfortable and help with the fun of reading.

As always, the children will all receive a book token which they can exchange for one of the nationally published books or put it towards a book of their choice.

During the day, all classes will be sharing books and completing reading activities and challenges and spending time listening to our favourite stories. Please encourage your child to bring in a favourite book or story on the day we will be sharing stories with other classes. This can be a picture book, novel, magazine or a football annual, anything your child would love to share.

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Forgiveness

Resilience

Hope

SAVE The Date!

# ASHFORD ICK-UI IOINT HARPERS CAFE VICTORIA FARK



### Kent Food Hubs Ashford Exciting News for Ashford! 🎉

We've got a brand-new pick-up point for your Kent Food Hubs orders! You can now collect your delicious, local food from Harper's Café in Victoria Park, Ashford every Wednesday, 2-4pm – completely free!

And there's more... When Harper's moves to its summer opening hours at the end of March, our collection time will shift to 4-6pm, making it even easier for you to grab your goodies.

Support local, eat fresh, and enjoy a convenient new way to collect your orders!

🥍 Harper's Cafe', Victoria Road, Ashford, TN23 4QD

Free parking on site

Enjoy a hot drink or maybe even a yummy slice of cake while you're there!

Place your order now at <u>kentfoodhubs.co.uk</u>

Huge thanks to @harperscafeashford for supporting our mission for a better food system



Wednesday 19th February 2025 1pm - 3pm with Artist Charlotte Coe

Explore use of colour and techniques whilst having lots of creative fun!

Book today!

# <image><text><text><text><text>

To book go to: www.madeinashford.com

For Children 5+ yrs - £20 per child

(Must be accompanied by an adult)

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More Information on our Instagram: @greatchartcricketclub

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PER CHILD FOR AN ENTIRE SEASON

Under 8s (softball) - £25pp Under 16s (hardball) - £45pp

Join Now - Contact Tony Cadd (Colts administrator) or 07796 378 312

GREAT CHART CRICKET CLUB Whiaman Close, Great Chart, Ashford, TN23 5WF

And our website: https://www.greatchartcc.co.uk/

UNIFORM10%

(Valid until 31/03/2025)

Please be sure to pass this on so they do not miss out on this fantastic discount.